

GRAND OPENING!

Three Gals and a Guy Restaurant

House Specialty Burgers:

The Soltys Sun Burger

A delicious Krabby Patty topped with a sunny side sea robin egg and sunfish butter sauce. This burger is pure sunshine and made with a lot of love.

The Paulo Power Burger

A double Krabby Patty topped with chourico, smoked ham, barbecued pulled pork, roast beef, oven-roasted chicken, low sodium bacon and, our house-made ten cheese sauce and "Paulo Protein Powder" Pickle Mayo. This burger packs power and punches together!

The Sprinkle Seaweed and Slaw (Vegan)

Our very own "I can't believe it is not Krabby Patty" patty is made with sustainably sourced kelp and algae blended with our special Krabby seasoning. Topped with organic antibiotic-free nori and dulse seaweed slaw, and stuffed into a sea lettuce wrap! An ocean of taste without going overboard on calories!

The Wolfman

A true Pescatarian delight! Flatbread smothered with sea cucumber and our secret "whalenaise" sauce, topped with a mixture of Krabby Patty and Wolffish then grilled to perfection.

Sides and Appetizers:

Sea Potato Skins

Porpoise Poppers

Chum Chili

Garlic Bread Sea Cucumber

Beverages:

Paulo Protein Shake

Milkfish (whole or 2%)

Orange Roughy Shake

Cherry Barb Smoothie

Tomato Clownfish Juice

Desserts:

Sharkolate Mousse (our House Specialty!)

A light and airy mousse made with shark and dark chocolate.

Chocolate Chip Sea Star Cookies

Lemon Shark Meringue Pie

Banana Wrasse Cream Pie

Pineapple Fish Upside-Down Cake

